



Barn Dance Fitness

Safeguarding Adults Policy

*Policy Owner: [Barn Dance Fitness](#)
Date Policy approved: [15 March 2023](#)*

Designated Safeguarding Lead: [Dan Longley](#)

Mission Statement/Introduction

A fun dance exercise class targeted at over 50s, although open to all ages. Aerobic, coordination & balance, and agility development.

Policy statement

We believe everyone has the right to live free from abuse or neglect regardless of age, ability or disability, sex, race, religion, ethnic origin, sexual orientation, marital or gender status.

Scope

This policy applies to adults participating in the Barn Dance Fitness (BDF) 60-minute fitness classes.

Although children do occasionally participate, they are individually supervised by a parent or carer.

Purpose

This policy aims to cover:

- Our commitment and procedures for safeguarding adults.
- Our role and responsibility for safeguarding adults.
- What to do or who to speak to if someone has a concern relating to the welfare or wellbeing of an adult.

Implementation

We have in place:

- a designated safeguarding lead
- safeguarding policy on our website
- code of conduct for delivering our service
- undertaken online safeguarding adults training
- commitment to ensuring that adult safety is included in risk assessments

Legislation – what is adult safeguarding?

The key legislation relevant to adult safeguarding can be found on the Ann Craft Trust website [Safeguarding Adults at Risk Key Legislation and Government Initiatives \(anncrafttrust.org\)](https://anncrafttrust.org)

Procedures

Raising and Managing a Concern

The Lead Safeguarding Officer to report concerns to is Dan Longley on 07816 195 635, or in writing to letsdance@barndancefitness.co.uk. He is the sole proprietor and instructor responsible for design and delivery of the BDF classes.

If you are not satisfied with the response from the Lead Safeguarding Officer, or it's inappropriate to speak directly to your instructor, then contact EMD UK – the national governing body for group exercise – on 01403 266000 and ask to speak to their safeguarding information officer for impartial advice.

Recording and Information Sharing

Information is managed and shared as per our [Privacy Policy](#), which is published on the BDF website.

[Data Protection Act Registration No.Z3242145](#)

Member of:



Sources of Information and Support

Include local contact details here e.g. Safeguarding Adults Team, Safeguarding Adults Board and Active Partnership.

Action on Elder Abuse

A national organisation based in London. It aims to prevent the abuse of older people by raising awareness, encouraging education, promoting research and collecting and disseminating information.

Tel: 020 8765 7000

Email: enquiries@elderabuse.org.uk

www.elderabuse.org.uk

Ann Craft Trust

A national organisation providing information and advice about adult safeguarding. The Ann Craft Trust has a specialist Safeguarding Adults in Sport and Activity team to support the sector

Tel: 0115 951 5400

Email: Ann-Craft-Trust@nottingham.ac.uk

www.anncrafttrust.org

Men's Advice Line

For male domestic abuse survivors

Tel: 0808 801 0327

National LGBT+ Domestic Abuse Helpline

Tel: 0800 999 5428

National 24Hour Freephone Domestic Abuse Helplines

<p>England</p> <p>Tel: 0808 2000 247</p> <p>www.nationaldahelpline.org.uk/Contact-us</p>	<p>Northern Ireland</p> <p>Tel: 0808 802 1414</p> <p>www.dsahelpline.org</p> <p>Twitter: www.twitter.com/dsahelpline</p> <p>Facebook: www.facebook.com/dsahelpline</p>
<p>Scotland</p> <p>Tel: 0800 027 1234</p> <p>Email: helpline@sdaafmh.org.uk</p> <p>Web chat: sdaafmh.org.uk</p>	<p>Wales</p> <p>Llinell Gymorth Byw HebOfn/ Live free from fear helpline</p> <p>Tel: 0808 8010 800</p> <p>Type Talk: 18001 0808 801 0800</p> <p>Text: 078600 77 333</p>

Rape Crisis Federation of England and Wales

Rape Crisis was launched in 1996 and exists to provide a range of facilities and resources to enable the continuance and development of Rape Crisis Groups throughout Wales and England.

Email: info@rapecrisis.co.uk

www.rapecrisis.co.uk

Respond

Respond provides a range of services to victims and perpetrators of sexual abuse who have learning disabilities, and training and support to those working with them.

Tel: 020 7383 0700 or

0808 808 0700 (Helpline)

Email: services@respond.org.uk

www.respond.org.uk

Stop Hate Crime

Works to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

24 hours service:

Telephone: 0800 138 1625

Web Chat: www.stophateuk.org/talk-to-us/

E mail: talk@stophateuk.org

Text: 07717 989 025

Text relay: 18001 0800 138 1625

By post: PO Box 851, Leeds LS1 9QS

Susy Lamplugh Trust

The Trust is a leading authority on personal safety. Its role is to minimise the damage caused to individuals and to society by aggression in all its forms – physical, verbal and psychological.

Tel: 020 83921839

Fax: 020 8392 1830

Email: info@suzylamplugh.org

www.suzylamplugh.org

Victim Support

Provides practical advice and help, emotional support and reassurance to those who have suffered the effects of a crime.

Tel: 0808 168 9111

www.victimsupport.com

Women's Aid Federation of England and Wales

Women's Aid is a national domestic violence charity. It also runs a domestic violence online help service. www.womensaid.org.uk/information-support